



Tonacliffe Primary School PE Long Term Plan

Year A 2025-2026

*This long term plan must be read in conjunction with the **Lancashire Physical Education Scheme of Work Progression Document 2020.**
Page references are included.*

The scheme of work is the Lancashire Scheme of Work 2020 on Primary PE Passport.

Please note: All lessons are one hour long unless otherwise stated.

EYFS and KS1

	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>
		<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>
Reception	Forest Schools (2 hours)	FMS Transport	Forest Schools (2 hours)	How to catch a star	Forest Schools (2 hours)	FMS Castles	Forest Schools (2 hours)	Jack & the beanstalk	Forest Schools (2 hours)	Mini beasts	Forest Schools (2 hours)	Hungry caterpillar
White – Y1/2	Forest Schools (2 hours)	Y1 Baseline Assessment - Lost and Found	Forest Schools (2 hours)	KS1 FMS - Supertato	Forest Schools (2 hours)	Y1 Gymnastics Activities 1 (+ differentiation from Y2 Gymnastics Activities 1)	Forest Schools (2 hours)	KS1 Y2 Dance – Seaside	Forest Schools (2 hours)	KS1 FMS & GymJack and the Beanstalk	Forest Schools (2 hours)	Baseline Assessment & Y1/Y2 Athletics
Red – Y2	Forest Schools (2 hours)	Y1 Baseline Assessment - Lost and Found	Forest Schools (2 hours)	KS1 FMS - Supertato	Forest Schools (2 hours)	Y1 Gymnastics Activities 1 (+ differentiation from Y2 Gymnastics Activities 1)	Forest Schools (2 hours)	KS1 Y2 Dance – Seaside	Forest Schools (2 hours)	KS1 FMS & GymJack and the Beanstalk	Forest Schools (2 hours)	Baseline Assessment & Y1/Y2 Athletics

KS2

	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>
Yellow – Y3	Y3/4 Dance – Ironman	Y3/4 Creative Games	Health Related Fitness	Target Games - Boccia	Y3 Invasion Games – Netball	Forest School	Y3/4 Gymnastics	OAA – Team work and Problem Solving	Y3/4 Striking and Fielding – Rounders	Invasion Games - Handball	Y3/4 Athletic Activities	Forest School
Orange – Y3/4	Y3/4 Dance – Ironman	Y3/4 Creative Games	Health Related Fitness	Forest School	Y3 Invasion Games – Netball	Target Games - Boccia	Y3/4 Gymnastics	OAA – Team work and Problem Solving	Y3/4 Striking and Fielding – Rounders	Forest School	Y3/4 Athletic Activities	Invasion Games - Handball
Lime – Y4	Y3/4 Dance – Ironman	Forest School	Y3/4 Creative Games	Health Related Fitness	Y3 Invasion Games – Netball	Target Games - Boccia	Y3/4 Gymnastics	Forest School	Y3/4 Striking and Fielding – Rounders	OAA – Team work and Problem Solving	Y3/4 Athletic Activities	Invasion Games - Handball
Turquoise – Y5	Y5 Gymnastics Activities 1		Y5/6 Invasion Games – Netball		Y5/6 Creative Games		Swimming		Y5/6 Striking and Fielding – Rounders		Y5/6 Athletics	
Gold – Y5/6	Y5 Gymnastics Activities 1 (+ differentiation from Y6 Gymnastics)		Y5/6 Invasion Games – Netball		Swimming		Y5/6 Creative Games		Y5/6 Striking and Fielding – Rounders		Y5/6 Athletics	

	Activities 1)					
Purple – Y6	Y6 Gymnastics (Activities 1)	Swimming	Y5/6 Invasion Games – Netball	Y5/6 Creative Games	Y5/6 Striking and Fielding – Rounders	Y5/6 Athletics

