



Food safety and Hygiene Procedures:

Children at Forest Schools are taught a strict NO eating rule, unless it is a specific activity, led by an adult to prepare and cook food. Initially, when children are ready they will participate in simple cooking on the fire activities. There is always a staff member present with food hygiene training, when food is being handled and prepared.

Food Preparation, transport and storage;

- Hands will be washed thoroughly and any cuts/grazes covered in the correct manner (blue plaster or ideally gloves) before handling and preparing food.
- Any food needing preparation will be prepared in the school kitchen e.g. bread dough
- Food will be stored in clean containers and transported in a cool bag to and from the site, with any clean utensils and cooking pans required. The box will remain closed in between use with food covered in bags or boxes; to avoid attracting flies and other insects.
- Raw meats will be stored separately to any other foods.
- All 'use by' dates will be checked on foods before eating.
- Water for cooking will be provided in a cleaned sealed storage container.

Handling, cooking and eating Food;

- A fresh, clean, bucket of warm soapy water will be available for children to wash their hands before handling food or utensils.
- Children are taught how to cook food safely following the activity risk assessment and fire procedure. All food will be checked by an adult to ensure it is fully cooked before eating.
- Children will be asked to sit still around the fire circle or to move to a designated eating area from the fire to keep numbers to a minimum near the fire circle.

Clearing away and cleaning up;

- ALL food not eaten or cooked will be placed in black bin bags and disposed of in the school bin at the end of the session by one of the adults.
- The area is checked to ensure there is no food traces to avoid vermin being attracted to the area.
- ALL utensils and pans will be washed at the station in hot soapy water and stored away correctly.
 - Waste water will be taken back to school and disposed of in the sluice.

Written by Charlotte Clutterbuck: 1.09.23

