




Tonacliffe Primary School PE Long Term Plan

Year A 2024 - 2025

*This long term plan must be read in conjunction with the **Lancashire Physical Education Scheme of Work Progression Document 2020.**
Page references are included.*

The scheme of work is the Lancashire Scheme of Work 2020 on Primary PE Passport.

Please note: All lessons are one hour long unless otherwise stated.



EYFS and KS1

	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>
Reception	Forest Schools (2 hours)	FMS Transport	Forest Schools (2 hours)	How to catch a star	Forest Schools (2 hours)	FMS Castles	Forest Schools (2 hours)	Jack & the beanstalk	Forest Schools (2 hours)	Mini beasts	Forest Schools (2 hours)	Hungry caterpillar
Pink -Y1	Forest Schools (2 hours)	Y1 Baseline Assessment – Lost & Found Pg 6 and FMS Progression	Forest Schools (2 hours)	KS1 FMS – Zog Pg 6 and FMS Progression	Forest Schools (2 hours)	Y1 Gymnastics Activities 1 Pg 11	Forest Schools (2 hours)	KS1 Y1 Dance – Toy Story Pg 9	Forest Schools (2 hours)	KS1 FMS & Gym – Jack & the Beanstalk Pg 6 and 11 and FMS Progression	Forest Schools (2 hours)	Baseline Assessment & Y1 Athletics Pg 13 and FMS Progression
White – Y1/2	Forest Schools (2 hours)	Y1 Baseline Assessment – Lost & Found Pg 6 and FMS Progression	Forest Schools (2 hours)	KS1 FMS – Zog Pg 6 and FMS Progression	Forest Schools (2 hours)	Y1 Gymnastics Activities 1 (+ differentiation from Y2 Gymnastics Activities 1) Pg 11	Forest Schools (2 hours)	KS1 Y1 Dance – Toy Story Pg 9	Forest Schools (2 hours)	KS1 FMS & Gym – Jack & the Beanstalk Pg 6 and 11 and FMS Progression	Forest Schools (2 hours)	Baseline Assessment & Y1 / Y2 Athletics and FMS Progression
Red – Y2	Forest Schools (2 hours)	Y1 Baseline Assessment – Lost & Found Pg 6 and FMS Progression	Forest Schools (2 hours)	KS1 FMS – Zog Pg 6 and FMS Progression	Forest Schools (2 hours)	Y2 Gymnastics Activities 1 Pg 11	Forest Schools (2 hours)	KS1 Y1 Dance – Toy Story Pg 9	Forest Schools (2 hours)	KS1 FMS & Gym – Jack & the Beanstalk Pg 6 and 11 and FMS Progression	Forest Schools (2 hours)	Baseline Assessment & Y2 Athletics and FMS Progression

KS2

	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 1</u>	<u>Lesson 2</u>
Yellow – Y3	Y3/4 Dance – Superheros Pg 10		Y3/4 Creative Games Pg 17		Y3 Invasion Games – Rugby Pg 6		Y3 Gymnastics Activities 1 Pg 12		Y3/4 Striking and Fielding – Cricket Pg 15		Y3/4 Athletic Activities Pg 14	
Orange – Y3/4	Y3/4 Dance – Superheros Pg 10		Y3/4 Creative Games Pg 17		Y3 Invasion Games – Rugby Pg 6		Y3 Gymnastics Activities 1 (+ differentiation from Y4 Gymnastics Activities 1) Pg 12		Y3/4 Striking and Fielding – Cricket Pg 15		Y3/4 Athletic Activities Pg 14	
Lime – Y4	Y3/4 Dance – Superheros Pg 10		Y3/4 Creative Games Pg 17		Y3 Invasion Games – Rugby Pg 6		Y4 Gymnastics Activities 1 Pg 12		Y3/4 Striking and Fielding – Cricket Pg 15		Y3/4 Athletic Activities Pg 14	
Turquoise – Y5	Y5 Gymnastics Activities 1 Pg 12		Y5/6 Invasion Games – Rugby 1 Pg 6		Y5/6 Creative Games Pg 17		Y5/6 Striking and Fielding – Cricket Pg 15		Swimming & CyberCoach Aerobics Pg 19 (6 lessons)		Swimming & CyberCoach Aerobics Pg 19 (2 lessons) Y5/6 Athletics Pg 14 (2 x 4 lessons)	
Gold – Y5/6	Y5 Gymnastics Activities 1 (+ differentiation from Y6 Gymnastics Activities 1) Pg 12		Y5/6 Invasion Games – Rugby 1 Pg 6		Y5/6 Creative Games Pg 17 (2 x 4 lessons) Swimming & CyberCoach Aerobics Pg 19 (2 lessons)		Swimming & CyberCoach Aerobics Pg 19 (6 lessons)		Y5/6 Striking and Fielding – Cricket Pg 15		Y5/6 Athletics Pg 14	
Purple – Y6	Swimming & CyberCoach Aerobics Pg 19 (2 lessons) Y5/6 Invasion Games – Rugby 1 Pg 6		Swimming & CyberCoach Aerobics Pg 19 (6 lessons)		Y6 Gymnastics Activities 1 Pg 12 (2 x 5 lessons)		Y5/6 Creative Games Pg 17		Y5/6 Striking and Fielding – Cricket Pg 15		Y5/6 Athletics Pg 14	