

# Newsletter No. 34 Monday 19th June 2023

Tel: 01706 344609 Email: sbm@tonacliffe.lancs.sch.uk Website: www.tonacliffe.lancs.sch.uk

Our meet the teacher evening will be held on **Thursday 29th June.** This is an opportunity for you to meet your child's new class teacher for 2023-2024. The times are:-

Key Stage 1: 5-5:25pm.

Lower Key Stage 2: 5:30-5:55pm.

Upper Key Stage 2: 6-6:25pm.

There are lots of white polo shirts still held in stock at Ann's which can be purchased and worn. It is the last of their stock of white polo shirts. Ann's have also said they will send them out to you with free postage and packing, if you order online.



Visit our Web-Store For all Products and Prices

## anns-schoolwear.co.uk





Local stockists and specialists of quality uniform at competitive prices

**A**ea

 10% DISCOUNT ONLINE ONLY

 10% DISCOUNT ONLINE ONLY

 1<sup>4\*</sup> - 23<sup>40</sup> July

 Click and Collect or FREE delivery

 on all orders above £30

 USE CODE: tona23 at Checkout





# 5a UNION STREET, BACUP, OL13 0AA

JULY AND AUGUST OPENING HOURS All other times, please see web-site

DAY	HOURS
MONDAY	9:30 AM - 5:00 PM
TUESDAY	9:30 AM - 5:00 PM
WEDNESDAY	9:30 AM - 5:00 PM
THURSDAY	9:30 AM - 5:00 PM
FRIDAY	9:30 AM - 5:00 PM
SATURDAY	9:30 AM - 4:00 PM
SUNDAY	CLOSED

#### PHONE 01706 875127

Email info@anns-schoolwear.co.uk Web https://anns-schoolwear.co.uk https://www.facebook.com/annsonline

Please remember to visit our website for long term dates. Thank you.

Wednesday 21st June: Green and Blue Class Parents' Assembly- 9:00am.

Thursday 29th June: Meet the Teacher Evening.

Friday 30th June: Moving up afternoon.

Tuesday 4th July: Years 1 & 2 Minibeast Bop- 2:30pm.

Tuesday 4th July: Years 3 & 4 Concert– 6:00pm.

Wednesday 5th July: Years 3 & 4 Concert– 2:30pm.

Wednesday 5th July: Years 1 & 2 Minibeast Bop- 6:00pm.

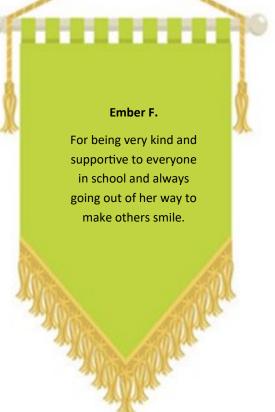
**Tuesday 11th July:** Years 5 & 6 Panto Pandemonium—6:00pm.

Wednesday 12th July: Years 5 & 6 Panto Pandemonium—6:00pm.

Friday 21st July: Leavers' Assembly-9:00am.



Friendship and Kindness



# House Points Dolphin: 340 Octopus: 329 Seahorse: 303

Starfish: 325

Well done to the Dolphin Team who are this week's winners.





#### Tonacliffe Forest School hoodies are finally available to purchase!

The hoodies can only be worn in school on your child's Forest School days.

Sizes are available from 2/3 years (22") up to 13 years (34") for children and from X small (34/35") to 2XL (48").

We also have some samples in the school's main entrance for your child to try on.

Hoodies for children are available for £12.50 for the standard Forest School hoodie.

Standard adult sized hoodies are and are £17.50 each. For a hoodie with the monkey emblem on, there is an additional cost of £2.00.

For more information regarding the new Forest School clothing, or to order, please visit: <u>https://andizyne.sumupstore.com/category/tonacliffe-forest-school</u>

There are options to collect your order from the Littleborough store or have your orders delivered to school for collection. All orders to be collected from school that are ordered **before Monday 10th July** will be delivered before school closes for Summer.

Please remember to use your child/ren's full name on any orders to save confusion if you opt to collect your order from school.

# Save Our Pool

Please help save Whitworth Leisure Centre

Attend the Council Meeting Wednesday 28 June Arrive at 6pm Rossendale Council Offices, The Business Centre, Futures Park, Bacup, OL13 OBB



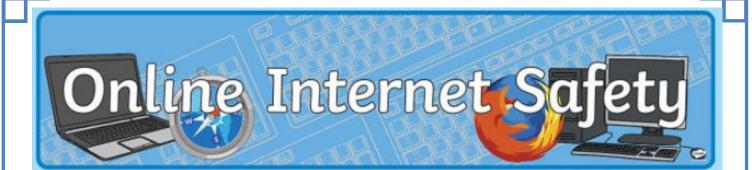
Bring family and friends and make some noise!!



Mrs Clutterbuck & Mrs Rice would like to ask that if you have any:

- cardboard boxes,
- tubes,
- plastic lids,
- cartons.
- Please bring them into school for our Nursery to use in their new junk modelling area.

Thank you!



# Top tips on how to talk to your children about their feelings

It can be so tricky to bring up difficult topics, and talking about emotions with your children can sometimes feel more than a little daunting for parents and carers. You may worry about saying the wrong thing, making your child feel uncomfortable, and even worry about making them feel worse. But the fact you want to explore emotions with your child is enough, even if sometimes it doesn't go as you planned!

Here are some handy tips on how you could begin talking to your children about their feelings.

#### Ask them what they need

It can be tough to talk about how you feel, and when we want to talk about things as parents, children don't always want to or feel ready. Asking what a child needs from you can help them feel more in control, heard, and respected.

Children might also not know what they need, so suggesting a few options can be a good starting point. For example, do you need some space right now?

#### Name it

Sometimes it can be hard for children to identify their feelings. Naming what you observe can help them to do this. For example, when talking to a young child, you might say, 'You seem really angry today. I can see you are clenching your hands, and you don't have a happy face. I wonder if anything has made you angry or upset?'

keeth

#### Listen carefully This sounds pretty

straightforward, but sometimes, when we care, we may jump into problem-solving mode a little too hastily. And while it might come from a really good place, it's not always helpful.

#### Choose your timing wisely

Talking about feelings, or any difficult subject, can be quite sensitive. Choosing a time when you are both calm and relaxed can be more useful than choosing a time when there are any heightened emotions already at play.

#### Think about the setting

Talking about feelings can be really sensitive, so making sure the space is private, comfortable, and feels safe for your child can be key to a positive outcome.

#### Practice asking open questions (rather than closed ones)

Closed questions usually encourage yes or no type answers. Open questions, on the other hand, go a bit deeper and encourage more thinking and exploration. This simple difference in style might help your child consider their own thoughts and feelings a little more and encourage them to share more of their story or problem with you.

### Think about whether your child feels ready to talk

Just because you want to talk doesn't mean they feel ready to. Look out for the things they say, and their body, too, for indicators on whether they really want to talk about their feelings.

#### Model it

Being more open and honest about how you yourself feel (in an age appropriate way, of course) can normalise the idea of talking about emotions. Children who see that adults also have big feelings, doubts, get scared or anxious, get frustrated with others at work, etc. might feel more comfortable opening up themselves.

#### Get creative

We might feel a pressure to have all the answers and say the right things, but sometimes, we just need to think a little differently. Helping our children express their feelings through play or using art materials can be just as important and useful, especially for much younger children whose natural language is often play.

#### Take away the intensity

It can be pretty daunting (on both sides) to sit down to talk about something as important as feelings. But decreasing some of the intensity can sometimes reduce the pressure and make things a little less stressful.



If you are struggling to talk to a child in your life about their feelings, or you want to talk to the team about anything at all, you can reach out to us by logging into **qwell.io** 





# Updated Term Dates 2022-23 (to include 8<sup>th</sup> May additional Bank Holiday)

		Septa	mber 2	022		
s	N	T	W	T	F	
				1	2	
- 4	5	6	7	8	9	1
- 11	12	13	14	15	15	1
18	19	20	21	22	23	1
25	Ж	27	28	29	30	

		00	tober 20	22		
S	М	T	W	T	F	S
						1
2	3	4	5	ŧ	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
8	24	8	ð	27	28	3
30	31					

	November 2022									
\$	М	T	W	T	F	S				
		1	2	3	4	5				
6	1	8	9	10	11	12				
18	14	15	16	17	18	19				
20	21	22	28	и	Z	26				
27	28	3	31							

		Dec	amber 2	022		
s	N	T	W	T	F	s
				1	2	3
4	5	5	T	8	3	10
11	12	13	14	15	16	17
18	15	20	21	22	23	24
8	ží	27	28	29	31	31

	January 2023									
S	N	T	W	T	F	5				
1	2	3	4	5	6	- 7				
8	3	10	11	12	13	14				
15	15	17	18	19	20	21				
22	2	34	25	26	27	28				
29	30	31								

	February 2023									
S	M	T	W	T	F	S				
			1	2	3	4				
5	6	7	8	3	10	11				
12	13	μ	15	16	17	18				
19	21	21	22	23	24	δ				
8	27	28								

	March 2023								
\$	м	T	W	T	F	\$			
			1	2	3	4			
5	6	7	4	9	10	11			
12	18	14	15	16	U	18			
19	20	21	22	В	И	25			
25	27	28	29	30	31				

			lpril 202	3		
S	N	T	W	T	F	S
						1
2	3	4	S	6	1	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	8	35	Ø	21	29
30						

			Nay 202	3					
5	N	T	W	T	F	5	5	N	
	1	2	3	l	5	6			
7	I	9	10	11	12	13	4	5	
14	15	16	17	18	19	20	11	12	
21	22	23	34	Z	ž	27	18	19	
28	3	31	31				ă	26	

	J	une 2023	1				
M	T	W	T	F	5	5	
			1	2	3		
5	6	7	8	9	10	2	
12	13	14	15	16	17	9	
19	20	21	22	23	Ц	16	
26	27	28	29	30		23	

July 2023										
\$	M	T	W	T	F	5				
						1				
2	3	4	5	δ	1	1				
9	10	11	12	18	14	15				
15	17	18	19	20	21	22				
23	и	ă	26	27	28	29				
31	31									

	August 2023									
S	N	T	W	T	F	S				
		I	2	3	4	5				
6	7	8	9	10	11	12				
13	14	15	16	17	11	19				
20	21	22	3	24	25	26				
27	21	29	30	31						

Training days (children do not attend) Holidays





#### Term Dates - 2023-2024

	September 2023									
s	М	т	w	т	F	s				
					1	2				
3	4	5	6	7	8	9				
10	11	12	13	14	15	16				
17	18	19	20	21	22	23				
24	25	26	27	28	29	30				

October 2023									
s	М	т	w	т	F	S			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

November 2023									
S	м	т	w	т	F	S			
			1	2	3	4			
5	6	7	8	9	10	11			
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30					

	December 2023									
s	м	т	w	т	F	s				
					1	Z				
3	4	5	6	7	8	9				
10	11	12	13	14	15	16				
17	18	19	20	21	22	23				
24	25	26	27	28	29	30				
31										

January 2024									
S	м	т	w	т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

	February 2024										
S	м	т	w	т	F	S					
				1	2	3					
4	5	6	7	8	9	10					
- 11	12	13	14	15	16	17					
18	19	20	21	22	23	24					
25	26	27	28	29							

	March 2024										
S	м	т	w	т	F	S					
					1	2					
3	4	5	6	7	8	9					
10	11	12	13	14	15	16					
17	18	19	20	21	22	23					
24	25	26	27	28	29	30					
31											

April 2024									
\$	М	т	W	т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30							

May 2024										
s	М	T	w	т	F	S				
			1	2	3	4				
5	6	7	8	9	10	11				
12	13	14	15	16	17	18				
19	20	21	22	23	24	25				
26	27	28	29	30	31					

June 2024									
s	м	т	w	т	F	s			
						1			
z	З	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30									

July 2024										
S	м	т	w	т	F	S				
	1	2	3	4	5	6				
7	8	9	10	11	12	13				
14	15	16	17	18	19	20				
21	22	23	24	25	26	27				
28	29	30	31							

August 2024									
S	М	т	w	т	F	S			
				1	2	3			
4	5	6	7	8	9	10			
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			

ys (children do not attend school) Tra Holida

s	м	т	w			
	June 2024					
31						
24	25	26	27	2		
	10	1.5	20	-		

inin	g١	Da	y
lidav	/S		